

Industry Symposium – CEORL-HNS 2026

Title: FESS Surgery – Outpatient vs. Inpatient Treatment: Indications, Limitations, and Regional Perspectives

Date & Time: Monday, 27 April 2026 | 13:00–14:00

Format: Expert Dialogue with Moderated Discussion

Faculty

1 Mr Raj Bhalla – Consultant ENT and Endoscopic Skull Base Surgeon, Manchester, UK

2 Dr. Jerker “Erik” Stigare – Co-founder and first Chairman, Swedish Society of Endoscopic Skull Base Surgery, Stockholm, Sweden

3 Dr. med. Hans Rudolf Briner – Klinischer Dozent, ORL-Zentrum Klinik Hirslanden, Witellikerstrasse 40, CH-8032 Zürich, Schweiz (Lead Moderator)

Session Objectives

The session aims to critically compare outpatient and inpatient FESS approaches by integrating clinical experience, patient safety considerations, and healthcare system perspectives. Dr. med. Hans Rudolf Briner will serve as lead moderator, guiding both keynote presentations and actively contributing his own clinical expertise throughout the moderated expert dialogue and panel discussion.

Detailed Program & Talking Points

13:00–13:05 | Opening & Framing (Dr. med. Hans Rudolf Briner)

- 1 Introduction of faculty and session format
- 2 Definition of outpatient vs. inpatient FESS
- 3 Overview of key controversies and decision drivers

13:05–13:20 | UK Perspective – Mr Raj Bhalla (Moderated by Dr. med. Hans Rudolf Briner)

- 1 Current FESS care pathways in the UK healthcare system
- 2 Patient selection criteria for outpatient procedures
- 3 Impact of comorbidities, disease extent, and revision surgery
- 4 Safety protocols and perioperative risk mitigation
- 5 Systemic constraints: capacity, staffing, reimbursement

13:20–13:35 | Scandinavian Perspective – Dr. Jerker “Erik” Stigare (Moderated by Dr. med. Hans Rudolf Briner)

- 1 Typical Scandinavian treatment algorithms for FESS
- 2 Role of institutional standards and national guidelines
- 3 Risk stratification and management of complications
- 4 Balancing efficiency and patient safety
- 5 Key lessons learned from long-term clinical experience

13:35–13:55 | Moderated Expert Dialogue & Trilateral Panel Discussion

- 1 Which FESS procedures are truly suitable for outpatient settings?
- 2 Clear contraindications for outpatient FESS
- 3 Managing intraoperative bleeding and postoperative complications
- 4 Influence of healthcare systems and reimbursement models
- 5 Future outlook: convergence or divergence of treatment paradigms
- 6 Integrated trilateral discussion with active contributions from Dr. med. Hans Rudolf Briner, Mr Raj Bhalla, and Dr. Jerker “Erik” Stigare

13:55–14:00 | Key Takeaways & Closing (Dr. med. Hans Rudolf Briner)

- 1 Summary of consensus points
- 2 Remaining areas of debate
- 3 Practical take-home messages for daily clinical practice